



FW137

Heritage Paints

Aryn Socks



Designed by Patti Waters

# Heritage Paints Aryn Socks

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### Materials:

1 skein Heritage Hand Painted Sock Yarn by Cascade, 75% Merino Superwash 25% Nylon, Color # 9884 (437 yds = 400 m, fingering weight), 1 set 4 dpns US # 1 (2.25 mm), darning needle or third needle

### Leg:

Cast on 72 sts. Ribbing: (k1 p1 k2 p1 k1) repeat to end of round. Continue ribbing until desired length, sample shown is 1 1/4". Work 12 sts of chart starting with row 1, 6 times each round. Continue working cable charts until cuff is desired length, sample shown is 6 3/4" from cast on edge.

### Heel flap:

Row 1: (Slip 1, k1) repeat 18 times, 36 heel sts, turn work

Row 2: Slip 1, p35 turn work

Repeat rows 1&2 until heel flap 14 times more, 30 heel rows worked.

### Heel turn:

Row 1: Slip 1, k20, ssk, k1 turn work

Row 2: Slip 1, p7, p2tog, p1 turn work

Row 3: Slip 1, k to 1 st before gap, ssk, k1 turn work

Row 4: Slip 1, p to 1 st before gap, p2tog, p1 turn work

Repeat rows 3&4 until all heel sts have been worked.

### Gusset:

Set up: K all heel sts, pick up and k 1 st for every slipped st along the edge of the heel flap. Instep: work 12 sts in chart 3 times across instep (make sure you pick up where you left off before heel flap), pick up and k one st for every slipped st along the edge of the heel flap, k half the heel sts. This point is the new start of each round. On the next row ONLY, knit through the back loop of the sts picked up from the heel, this will make them sit flat and not make holes.

1: K to 3 sts before instep k2tog k1 work instep as for set up, k1 ssk k to end of round

2: K to instep, work instep in pattern as set, k to end of round

Repeat rounds 1 and 2 until there are 36 sts on the bottom of the foot (72 sts total). Work round 2 only from gusset until foot is 2" less than desired length.

### Toe:

K to end of bottom of foot, new beginning of round at the start of the instep sts.

1: K at sts.

2: K 1 ssk k to 3 sts left of instep k2tog k1. K1 ssk k to 3 sts left in round k2tog k1.

Repeat rounds 1 and 2 until there are 24 sts total remaining. Then either kitchener the sts from either side of the foot together, or turn the sock inside out (you will have to break the yarn so leave plenty of slack when you do) and use a 3 needle bind off to close the toe. Sample shown uses 3 needle bind off method.

### Chart:

	12	11	10	9	8	7	6	5	4	3	2	1	
12	●	●	↘	↙	●	●	●	●	↘	↙	●	●	
	●	●			●	●	●	●			●	●	11
10	●	↗	↘	↙	↘	●	●	↗	↘	↙	●	●	
	●		●	●	↘	↘	↗	↘	●	●		●	9
8	●		●	●	●	↘	↘	●	●	●		●	
	●		●	●	↗	↘	↗	↘	●	●		●	7
6	●	↘	↘	↗	↘	●	●	↘	↘	↗	↘	●	
	●	●			●	●	●	●			●	●	5
4	●	●	↘	↙	●	●	●	●	↘	↙	●	●	
	●	●			●	●	●	●			●	●	3
2	●	●	↘	↙	●	●	●	●	↘	↙	●	●	
	●	●			●	●	●	●			●	●	1

	12	11	10	9	8	7	6	5	4	3	2	1	
12	●	●	↘	↙	●	●	●	●	↘	↙	●	●	
	●	●			●	●	●	●			●	●	11
10	●	↗	↘	↙	↘	●	●	↗	↘	↙	●	●	
	●		●	●	↘	↘	↗	↘	●	●		●	9
8	●		●	●	●	↘	↘	●	●	●		●	
	●		●	●	↗	↘	↗	↘	●	●		●	7
6	●	↘	↘	↗	↘	●	●	↘	↘	↗	↘	●	
	●	●			●	●	●	●			●	●	5
4	●	●	↘	↙	●	●	●	●	↘	↙	●	●	
	●	●			●	●	●	●			●	●	3
2	●	●	↘	↙	●	●	●	●	↘	↙	●	●	
	●	●			●	●	●	●			●	●	1

## Legend:



### **purl**

RS: purl stitch  
WS: knit stitch

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### **knit**

RS: knit stitch  
WS: purl stitch

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### **Left Twist**

RS: sl1 to CN, hold in front. k1, k1 from CN  
WS: Left Twist

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### **Right Twist**

RS: Skip the first stitch, knit into 2nd stitch, then knit skipped stitch. Slip both stitches from needle together OR k2tog leaving sts on LH needle, then k first st again, sl both sts off needle.

WS: Skip first stitch, and purl the 2nd stitch, then purl the skipped stitch. Slip both sts from needle together.

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### **Right Twist, purl bg**

RS: sl1 to CN, hold in back. k1, p1 from CN  
WS: Right Twist Purl

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### **Left Twist, purl bg**

RS: sl1 to CN, hold in front. p1. k1 from CN  
WS: Left Twist Purl

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