



**Casual Indulgence (W122)  
Using Cascade Indulgence Pattern**



# Casual Indulgence (W122)

Designed by Sandra Minor of Spin a Yarn

Materials: Indulgence 5 sks.      Needles 16" #6 & 32" #7    2 large holders  
Gauge: 5 sts. = 1" in pattern on #7 needle  
pm=place marker                  m1=make 1 stitch                  sm=slip marker  
pattern stitch: Round 1:\*p1,k3\* Round 2: \*k2,p1,k1\*

## PATTERN IS WORKED IN THE ROUND FROM THE NECK DOWN

Starting with #6 needle cast on 100 sts. and join. Working in the round, knit for 2".  
Increase to 112 sts. in last row. Change to #7 needles and set up round 1 as follows:  
p1,k3,pm\*p1,k3\*3 times,pm,p1,k3,pm, \*p1,k3\*8 times, pm,p1,k3,pm,\*p1,k3\*3 times,  
pm,p1,k3,pm,\*p1,k3\*8 times, pm.  
Round 2: \*k2,p1,k1\*, slipping markers as you work.  
Continue in pattern while increasing 1 st. either side of single repeat every other row.  
Row 1 increase row: p1, k3, sm, m1, \*p1,,k3\* 3 times, sm, m1, p1, k3, p1, m1, sm,  
\*p1,k3\* 8 times, m1, sm, p1, k3, sm, m1,\*p1, k3\*3times,m1,sm,m1,p1,,k3,m1,sm,\*p1,k3\*8  
times, m1, sm.  
Row 2: k2, p1, k1, sm,\*k3,p1\*3 times, k2, sm ,k2, p1, k1, sm, \*k3,p1\* 8 times, k2, sm, k2,  
p1, k1, sm, \*k3, p1\* 3 times, k2, sm, k2, p1, k1, sm, \*k3, p1\* 8 times, k2, sm.

NOTE: All the repeats below are in brackets [ ]. Slip markers and keep the 4 border stitches between sleeves and body stitches in parenthesis ( ).

Row 3. (p1,k3) [m1, k1, \*p1, k3\*, ending with p1] repeat across round.

Row 4. (k2, p1, k1)[p1, k3]

Row 5. (p1, k3), [m1, k2, \*p1, k3\* end with p1, k1, m1]

Row 6. (k2, p1, k1), K1, [\*P1, K3\* END P1]

Row 7. (p1, k3) [\*k3, p1\* end k2, m1]

Row 8. (k2, p1, k1) [k2, \*p1, k3\* end p1, k1]

Repeat these 8 rows 9 times. 400 total stitches.

Separate sleeves from body.

Sm, p1, k1, place the next 88 stitches on holder, k2, remove marker, \*p1, k3\* to the next marker, remove marker, p1, k1, place the next 88 sts. on holder, k2, remove marker, p1, k3 to marker.

Row 2. K2, \*p1, k3\* end k1

Row 1. \*p1, k3

Repeat these 2 rows for 13". Bind off loosely,

Sleeves: Place on sleeve back on #7 needles. Working in pattern, decrease 1 st. every 4th row until 54 sts. remain. Work even until 16" or desired length. NOTE: if you make the sleeves much longer, you will need an extra skein of yarn. Bind off loosely.

Stitch hole together under arms.

NOTE: There will be 2 continuous lines of knit with a purl in-between (ridge). Each row you will knit over the previous rows k<p>k stitches, and purl over the knit st. that is NOT in line with the ridge.