



W263

## Cascade 220 Superwash Inside Out Baby Blanket



Designed by Naomi Herzfeld

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This square blanket is knitted in the round from the center outward – “inside out” -- using four pairs of increases to make the four corners. Every other round is ALWAYS an increase round. You'll start on double-pointed needles, then move to larger circulars as it grows. The border is in garter stitch to prevent curling.

This pattern requires:

5 balls of Cascade 220 Superwash:

- o 2 balls of white (Color 871)
- o 1 ball each of green, yellow, & blue (Colors 851, 820 & 897)

- #7 needles -- 1 set of dpns, plus circulars to allow for increasing size – you can combine several circulars, or use interchangeable needles which let you add length as you knit
- 8 markers -- one should be a different color to indicate the start/end of round.

Abbreviations:

K – Knit

P - Purl

PM - place a marker

SM - slip a marker

Kfb - an increase -- knit into front and back of each stitch.

\*\* - Repeat sequences between asterisks the indicated # of times or until end of round

Instructions

1. Starting with the green yarn, cast 8 stitches onto a double-pointed needle. Slide two stitches onto each dpn. (Use four needles, not three, so the markers stay on)
2. Join yarn, being careful not to twist, and knit a foundation round as follows: \*K1, kfb \* (12 stitches total)
3. Each dpn should have three stitches on it. Knit another round as follows:

K1, place odd-colored marker, [ K1, pm, K2, pm] 3 times, K1, pm K1.

You should now have a marker on EACH side of the middle stitch on EACH dpn. The odd-colored marker indicates the beginning/end of each round. The pairs of markers set off four “corner” stitches. You'll increase on each side of these corner stitches.

4. Continue to knit as follows:

- Round 1: \* Knit to stitch before 1st marker, kfb, sm, k1, sm, kfb \* -- repeat \* \* for each corner.
- Round 2: Knit to end, slipping markers as you go. They will stay on each side of the corner stitches.
- Each increase round will add 8 stitches. Repeat Rounds 1 & 2 until you have knit a 7 “ square, ending ready for Round 1. Start the first eyelet band.

5. Eyelet Band – 4 rounds:

- Eyelet Round 1: Switch to the white yarn and knit another Round 1.
- Eyelet Round 2 & 4: Purl to end, slipping markers as you go.
- Eyelet Round 3: [\* YO, K2tog \* to marker, YO before marker, sm, K1, sm YO, K2tog] -- repeat [ ] for each corner. There should be a YO before and after each corner stitch. If you have an odd number of stitches between markers, just do K1 instead of k2tog for the odd stitch.

Now you'll knit outward from the center square in color stripes, with white Eyelet Bands between them. As the piece gets bigger, knit onto your bigger circulars. If it gets too big for one circular, knit from one circular to another, or use a longer cord on your interchangeables.

6. Below is the stripe color sequence. For each color stripe, knit Rounds 1 & 2 four times each (8 rounds), and remember to do an Eyelet Band after each one EXCEPT the last.

- Yellow
- Blue
- Green
- Yellow
- Blue
- Green
- Yellow
- Blue – do NOT do an Eyelet Band after this last stripe. You're ready for the border. Your blanket should have a center square, eight eyelet bands and eight color stripes.

7. Garter Stitch Border: (Change to White Yarn)

- Garter Round 1: \* Knit to stitch before 1st marker, kfb, sm, k1, sm, kfb \* -- repeat \* \* for each corner.
- Garter Round 2: Purl to end, slipping markers as you go.
- Repeat Rounds 1 & 2 six times each (12 rounds). Then do one more Round 1.

8. Bind off as follows – this method gives you a nice flexible edge that matches your garter stitch. (a) Purl the first stitch.

(b) Put the purled stitch back onto the left needle, and purl it together with the next stitch. Do NOT pull it tight – try to keep your tension the same as the rest of the blanket.

Repeat Step (b) until all stitches are bound off.

Weave in all your color ends (I do this as I go, because I hate doing it all at the end), then wash your blanket.

The Cascade 220 Superwash can be machine-washed cold and machine-dried gently. While the blanket is damp, stretch it out nice and square and flat, and put a weight on the center square -- a textbook wrapped in plastic will do nicely -- to keep that area especially flat. (The center point where you started the blanket may tend to push upward a little.) When it dries, the blanket will be soft and flat and lovely.  
a little.) When it dries, the blanket will be soft and flat and lovely.