

Cascade Sierra Quatro
Casual T-Shirt



Designed by Vera Sanon

Sierra Quatro - Casual T-Shirt

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Who doesn't love a casual, shape flattering t-shirt that is worn over jeans?

That is what inspired me to design this casual shirt-tailed t-shirt. The shirt is knit from the top down, which allows you to try on the garment as you are working it to ensure the best possible fit. The t-shirt has a simple shape, that features a V-neck, waist shaping and rounded "shirt tails" at the bottom for a really flattering look. It looks great in multi-colored yarn.

This pattern provides two sets of directions for creating the shirt-tails, by working short rows or by working simple decreases and then picking stitches back up for the ribbing at the bottom.

You can be creative with working more short rows to create a longer look or with working less short rows to create a shorter look. Don't be afraid to work the short-row version. Great tutorials can be found through an online search.

Size: XS (S, M, L, XL, 2XL)

Chest Measurement: 34 (36, 39, 43, 45, 48) inches (finished garment)

Materials:

Cascade Sierra Quatro (80% Cotton, 20% Wool) (191 yards/skein) – 4 (4, 5, 5, 6, 6) skeins; #419 is shown.

1 set of US # 7 (4.5 mm) –32" circular needle or needle size to obtain gauge

1 set of US # 7 (4.5 mm) - 16" circular needle or DPN or needle size to obtain gauge

1 set of US # 6 (4 mm) - 32" circular needle

1 set of US # 6 (4 mm) 16" circular needle or DPN

Optional: Size US 2(3.25 mm) – 32" circular needle for picking up sts around neckline

Tapestry Needle

Stitch Markers

Scrap Yarn for holding stitches

Gauge: 18 sts – 4" in stockinette on larger sized needles

Abbreviations:

st/sts stitch/stitches

CO cast on

BO bind off

PM place stitch marker

SM slip stitch marker

RM remove stitch marker

WS wrong-side row

RS right-side row

K knit

P purl

K1fb Knit 1 st front & back (1 st increased)

K2tog knit 2 together

SSK slip 1 st as if to K, slip 1 st as if to K, K both slipped sts

M1L – Make 1 stitch: Insert left needle, from front to back, under strand of yarn which runs between last stitch on left needle and first stitch on right needle, knit this stitch through back of loop.

M1R - Make 1 stitch: Insert left needle, from back to front, under strand of yarn which runs between last stitch on left needle and first stitch on right needle, knit this stitch through front of loop.

Broken Stitch Ribbing – Row #1: K1/P1; Row #2: K all sts; Row #3: K1/P1; Row #4: K all sts; Row #5: K1/P1; Row #6: K all sts.

Pattern Notes:

Sometimes, knitters are afraid that the neckline is too low, especially looking at the neckline without the ribbing. Please know that the neckline pulls up when the ribbing is worked. The depth of the v-neck can easily be adjusted by using smaller needles than the pattern calls for.

Directions:

Yoke: Using larger sized needles, CO 46 (48, 50, 58, 62, 64) sts.

Set-up Row: (WS) P all sts, place markers –

P3, PM; - Right Front

P 4 (4, 4, 6, 6, 6), PM; - Sleeve

P 32 (34, 36, 40, 44, 46), PM; - Back

P 4 (4, 4, 6, 6, 6), PM; - Sleeve

P3. -Left Front

Do ***not*** join sts in the round, work back and forth.

Increase Row #1: (RS) (8 sts increased)

K to 1 st before next M, K1fb, SM; - Left Front

K1fb, K to 1 st before next M, K1fb, SM; - Sleeve

K1fb, K to 1 st before next M, K1fb, SM; - Back

K1fb, K to 1 st before next M, K1fb, SM; - Sleeve

K1fb, K to last st. - Right Front

Increase Row #2: (WS)

P all sts, slip all markers.

Increase Row # 3: (RS) (10 sts increased)

K2, M1L, K to 1 st before next M, K1fb, SM; - Left Front
K1fb, K to 1 st before next M, K1fb, SM; - Sleeve
K1fb, K to 1 st before next M, K1fb, SM; - Back
K1fb, K to 1 st before next M, K1fb, SM; - Sleeve
K1fb, K to last 2 sts, M1R, K2. - Right Front

Increase Row #4: (WS)

P all sts, slip all markers.

Repeat Increase Row #1 - 4 - 8 (9, 10, 11, 11, 12) more times.

30 (33, 36, 39, 39, 42) sts - Left Front
40 (44, 48, 54, 54, 58) sts - Sleeve
68 (74, 80, 88, 92, 98) sts - Back
40 (44, 48, 54, 54, 58) sts - Sleeve
30 (33, 36, 39, 39, 42) sts - Right Front

Separate Sleeves: Next place sleeve sts on stitch saver (to be worked later) do NOT join the fronts at this time, but continue working back and forth.

K30 (33, 36, 39, 39, 42) sts - Left Front

Place next 40 (44, 48, 54, 54, 58) sts on stitch saver - Sleeve

CO 4 (3, 4, 4, 4, 5), PM, CO 5 (4, 4, 5, 5, 5) sts

Continue and K next 68 (74, 80, 88, 92, 98) sts - Back

Place next 40 (44, 48, 54, 54, 58) sts on stitch saver - Sleeve

CO 5 (4, 4, 5, 5, 5), PM, CO 4 (3, 4, 4, 5, 5) sts

K30 (33, 36, 39, 39, 42) sts - Right Front

Total number of sts on needle for Fronts & Back – 146 (154, 168, 184, 188, 202) sts.

Continue working V-Neck increases as follows on each RS row 4 (4, 4, 5, 7, 7) times:

K2, M1L, K all sts until 2 sts left, M1R, K2 – until there are 154 (162, 176, 194, 202, 216) sts on needles

Joining Row: Next Row, join work in the round, continue working in stockinet sts until waist shaping.

Waist Shaping:

After t-shirt measures 2.5" from where front/back were joined, start waist shaping –

Decrease 4 sts in the next round as follows:

SM, K1, K2tog, work until 3 sts before next marker, SSK, K1, SM, K1, K2tog, work until 3 sts before next marker, SSK, K1.

Work a decrease round every 7th round 3 more times. (16 sts decreased.)

Work 12 rows evenly.

Increase 4 sts in the next round as follows:

SM, K1, M1L, K to 1 st before next marker, M1R, K1, SM, K1, M1L, K to 1 st before next marker, M1R, K1.

Work an increase row every 7th round 3 more times, (16 sts increased.)

Note: If your hip measurement is wider than your chest measurement, work additional increases every 7th round (4 sts per increase) until t-shirt measures desired hip measurement.

Continue working in stockinet sts until t-shirt measures 3" less than desired overall length.

Version #1: Short Row –Shirt Tail Shaping:

Back: Work one more front section, place just worked front section 77 (81, 88, 97, 101, 108) sts onto a stitch saver (another circular knitting needle will work best because you will be working the sts in the round with the back section after having worked the short rows).

Work the back section sts until the last 4 sts of the end of row. Wrap next st and turn.

Work WS-row until the last 4 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 5 sts of the end of row. Wrap next st and turn.

Work WS-row until the last 5 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 6 sts of the end of row. Wrap next st and turn.

Work WS-row until the last 6 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 7 sts of the end of row. Wrap next st and turn.

Work WS-row until the last 7 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 8 sts of the end of row. Wrap next st and turn.

Work WS-row until the last 8 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 9 sts of the end of row. Wrap next st and turn.

Work WS-row until the last 9 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 10 sts of the end of row. Wrap next st and turn.

Work WS-row until the last 10 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 11 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 11 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 12 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 12 sts of the end of row. Wrap next st and turn.

Next row (RS), work all the way to the end of the row, picking up wrapped sts along with the regular sts and work as one st.

Important: When working the wrapped sts on the right side of the row, work up to the last st before the wrapped st. Undo the wrapped st by picking up the loop over the wrapped st, then knit the loop with the st just before the wrapped st. Repeat.

Once you have reached the end of the back's sts, continue working the **front's** 77 (81, 88, 97, 101, 108) sts from stitch saver.

Front: Work the RS-row until the last 4 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 4 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 5 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 5 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 6 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 6 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 7 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 7 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 8 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 8 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 9 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 9 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 10 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 10 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 11 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 11 sts of the end of row. Wrap next st and turn.

Work the RS-row until the last 12 sts of the end of row. Wrap next st and turn.
Work WS-row until the last 12 sts of the end of row. Wrap next st and turn.

Next row (RS), work all the way to the end of the row, picking up wrapped sts along with the regular sts and work as one st.

Important: When working the wrapped sts on the right side of the row, work up to the last st before the wrapped st. Undo the wrapped st by picking up the loop over the wrapped st, then knit the loop with the st just before the wrapped st. Work the next st “normal”. Repeat.

When working the wrapped sts on the left side of the row, work the wrapped st by inserting your right needle into the wrap from the bottom up, then continue by inserting the right needle into the st above the wrap knitwise. Knit the st and pass the wrap over the st.

Note: When working short rows, after you have worked the wrapped sts along with the regular sts as one st, your completed st will look long and will be twice as tall as the regular st. This will even out as you continue knitting and the wrapped st will blend in with the other sts.

Continue working in the round, working all sts of the back section. Work one more row in stockinette st.

Work 5 rows in broken stitch ribbing, BO all sts in next row.

Version #2: Simple Decreases –Shirt Tail Shaping:

Back: Work one more front section, place just worked front section 77 (81, 88, 97, 101, 108) sts onto a stitch saver (another circular knitting needle will work best because you will be working the sts in the round with the back section after having worked the decrease rows).

Row #1 (RS Row) – K 3 sts, place these sts on a stitch saver, K2, K2tog, K until 7 sts remain on needles, SSK, K2, place next 3 sts on a stitch saver.

Row #2 (WS Row) – P all sts on needles.

Row #3 (RS Row) – K2, K2tog, K until 4 sts remain on needles, SSK, K2.

Row #4 (WS Row) – P all sts on needles

Repeat Rows #3 & #4 – 8 more times (18 sts reduced).

Place remaining back sts on a stitch saver.

Front: Place 77 (81, 88, 97, 101, 108) sts on needles reattach yarn to work a RS Row.

Row #1 (RS Row) – K 3 sts, place these sts on a stitch saver, K2, K2tog, K until 7 sts remain on needles, SSK, K2, place next 3 sts on a stitch saver.

Row #2 (WS Row) – P all sts on needles.

Row #3 (RS Row) – K2, K2tog, K until 4 sts remain on needles, SSK, K2.

Row #4 (WS Row) – P all sts on needles

Repeat Rows #3 & # 4 – 8 more times (18 sts reduced).

Next Row – Work a RS Row, at the end of the row, pick up 12 sts at the front left edge, place the next 6 sts from stitch saver back onto needles, pick up 12 sts at the back left edge, work back sts from stitch saver onto needles, pick up 12 sts at the back right edge, place the next 6 sts from stitch saver back onto needles, pick up 12 sts from the right front edge – and work one more row in the round in stockinette st.

Start ribbing (do not change to a smaller sized needle) – Work 5 rows in broken stitch ribbing, BO all sts in next row.

Sleeves: (Work two)

Pick-up 40 (44, 48, 54, 54, 58) sts from stitch saver with larger needles, pick up 5 (4, 4, 5, 6, 5) sts, PM, pick up 5 (4, 4, 5, 6, 5) sts from underarm CO edge.

Work in the round.

Total number of sts on needle – 50 (52, 56, 64, 66, 68) sts.

Work 15 rows in stockinette st or to desired length.

Switch to smaller sized needles, work broken stitch ribbing, for 5 rows, length, BO all sts in next row.

Neckline Ribbing:

Tip: When picking up stitches use a needle that is at least 4 sizes smaller than the needle that you will knit with to pick up stitches. In this case, we are using a needle size US 6 to knit the ribbing, thus use a needle size US 2 to pick up the stitches. This will result in a nice even edge without any holes where the stitches were picked up.

Pick up (evenly) 142 (148, 154, 172, 178, 184) sts around neckline, starting at the center back. Join in the round, place marker at center back, beginning of row.

Row #1: Start at the center back K1/P1 the next 71 (74, 77, 86, 89, 92) sts, PM just before center front st, K1/P1 the next 71 (74, 77, 86, 89, 92) sts,

Row #2 : K all sts1 for the ribbing. Work to 2 sts before the Marker, ssk, SM, K1 (center front st), K2tog, work sts as they appear to the end of the row.

Row #3: K1/P1 for the ribbing. Work to 2 sts before the Marker, ssk, SM, K1 (center front st), K2tog, work sts as they appear to the end of the row.

Repeat for rows 2 & 3 one more time.

Row #6: BO all sts.

Finishing:

Weave in all ends. Lightly block t-shirt.